

Total Body Assessment

Presented by Patrick Speer, CST, RM & Joyce Bechtold-Christianson, PTA

Total Body Assessment teaches practitioners how to connect to the body for the purpose of evaluating, in a complete manner, all aspects of our clients in order to provide the basis for whole system healing. The **Total Body Assessment Workshop Series** addresses five areas of focus: **Structural, Electrical/Energy, Emotional, Chemical, and Spiritual**, with each area relating to different aspects of the body as a whole.

This Workshop series is divided into four levels of training:

Level 1 The first level (**Structure**) will cover the basic listening skills required to "hear" the body, and the application of these skills to the body's structural elements (muscle, bone, ligament, tendon, moving into viscera and touching on body systems as a whole).

Level 2 In the second level (**Electrical/Energy and Emotion**) will discover how to find out if the body is in balance; locate where it has been compromised, and how it has compensated for any imbalances in energy and emotion.

Level 3 In the third level (**Chemical and Spiritual**) we will again discover finding out if the body is in balance, and then identify which areas from the chemical aspect, are out of balance. We will advance into the spiritual areas of personal identity (who we are) and how this balance is critical to our health.

Level 4 In the fourth level will bring all these elements together. We will begin to combine all elements of listening to the body and evaluate the whole body in order to apply these skills in an integrative, whole system-healing plan. We will then bring those tools of our respective backgrounds (Craniosacral, Visceral Manipulation, Massage, Homeopathy, Acupuncture, Etc.) together with our new assessment tools and co-treat one another culminating with our re-evaluation in order to determine what has changed.

Total Body Assessment is not intended to be a treatment modality, but is used to fully assess all dysfunctions of the body.

Registration Information for Workshops in 2009

(all classes start at 9:00am and end at 5:00pm)

9501 Old Annapolis Road

Suite 301

Ellicott City, MD 21042

Level II – Feb 20-22, 2009

Cost: \$395.00

***A \$100 deposit will hold your space.**

Please be sure to register early, as classes are limited to 20 people per class

Contact: Juanita (410) 964-9008 to register

Note: Level 1 is the required introductory class for attending the more advanced levels 2, 3, & 4. The Level 1 class by itself will enhance your global practical skills. For optimal appreciation of an integrative healing application, completing the series of the four classes is recommended.